

Location

Nestled in the heart of the Cévennes mountains, there's a sanctuary of biodiversity called Les Ouches.

Les Ouches is a space in which humans and non-humans have been consciously walking together on a journey of co-creation for 20 years, diving into an infinite inquiry into the fabric of Life, questioning and exploring what it means to be human among all the other living beings on the Earth and within the Cosmos.

Day after day we have been learning from the inherent Intelligence and Consciousness that dwell within all living Beings, breathing into a space of reciprocal belonging.

The rhythm of this place is still paced by the light of the day and the darkness of the night. Spring water is coming from the mountains very close to our location.

If you feel called to deeply nourish yourself and reconnect with the magic of Mother Nature this is the perfect place to Be.

Food and accomodation



All meals are entirely organic, vegetarian (vegan option always available!), cooked with fresh food coming from our garden or local farmers.



Shared accomodation in Yurt, Straw-bale cabin or Sibley Tent



*In case of any food allergy or intollerance, just let us know and we'll be happy to cook according to your needs..

What to bring

For the retreat:

a Gift for the Rose (handmade)

two big sarongs (or big towel, piece of fabric)

unscented massage oil

notebook and colors (pencils, watercolors, etc...)

an object for the altar that you will bring back home

ceremonial clothes (for ex: a dress or a shawl...)

yoni egg

...some other indications will be given to you once the retreat will get closer...

... and for you comfort:

comfortable simple clothes to be in Nature

organic products for the body and to protect yourself from sun and mosquitos (we ask you to bring only ORGANIC items as the place is very wild and we try to not disturb the flora and fauna with chemicals of any kind),

Swimming suite,

something warm for the evenings (sometimes it gets chilly)

walking shoes,

something for the rain (just in case...),

a small torch

Dates: from 8th August at 5pm to-15th August at 2pm
or
from 23rd August at 5pm to 30th August at 2pm

Location: Les Ouches, 48160 Saint Martin de Boubaux, France
(close to Alés).

Investment

Retreat, Rose medicine crafts, online group session : 777 euros

Accommodation and food (organic, vegetarian with vegan option): 365 Euros
(Deposit: 250 euros)

Payment plans available

For any further inquiry:

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